

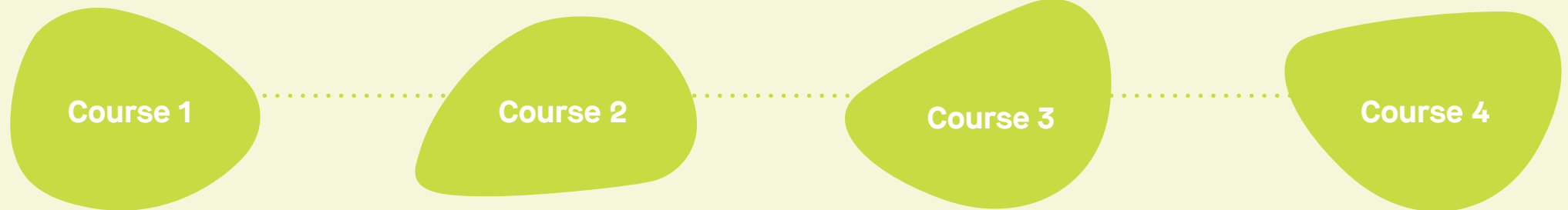


For finishers:

- Up to two hours of coaching for up to five alumni per year
- In-person event in 2026

Starting Leadership | 4-1-25

- **Target group:** Doctoral and postdoctoral researchers
- **Programme language:** English
- **Price:** Free of charge for members of the Leibniz Association
- **Certificate of attendance:** Alumni who have successfully completed at least 70% of the course will receive a certificate.
- **Duration:** Each course takes approx. 2 days to complete; please allow 8 days to complete the programme. The programme is to be completed within 6 months.
- **Registration:** On the Leibniz learning management system: academa.de/leibniz-lerninhalte/



New to the Leadership Role

- Introduction & basics
- Leadership role & leadership competence
- Self-management for leaders
- Self-guidance and stress management

Communicating

- Introduction & basics
- Self-management and dealing with automatisms
- Exhaustion, resilience & mental health

Team and Personnel Development as a Leader

- Fundamentals of team and personell development
- Psychological safety and employee-oriented leadership
- Delegation, personality type, and motivation
- Diversity competence
- Efficient team meetings

Conflicts & Mental Health

- Introduction & basics
- Non-violent communication
- Giving and receiving feedback
- Handling difficult conversations
- Appraisal interviews